



## Retirement Association

UNIVERSITY OF WISCONSIN-MADISON

### Retirement Opportunities Committee (ROC)

The Retirement Opportunities Committee (ROC) offers a variety of programs and opportunities to help UWRA members enjoy retirement, make friends and have fun. These programs and opportunities include webinars, online discussions, social outings, local tours, and in-person talks. Topics include Aging; Nature/Environment; Government/Political; Home Concerns; Social Justice; University Updates, and History/Culture.

In the recent past, this committee presented programs, including

- “Pandemic: COVID 19, A Novel Virus”
- “Well Being is a Skill-Lessons for the Current Pandemic”
- “Diet and the Aging Eye”
- “I am NOT Old Enough!!! 27 Stages of Moving to a Retirement Community” and
- “Wisconsin Wildlife Rehabilitation: Caring for Sick and Injured Animals.”

Our sponsored monthly breakfast group, previously an in-person opportunity to socialize with each other, now provides an opportunity for our members in Madison, across the state and the country to meet new friends and visit virtually during the pandemic.

Additionally, we are coordinating the new monthly feature in *The Sifter*, “New activities in retirement.” Each month we feature stories about retirees’ discovery of new, fulfilling activities or pursuits in retirement. Contributors share how they discovered a new passion and how it adds color to their lives.

The committee seeks to understand the needs and interests of our membership and then respond to those interests with experts that we can draw from the university, the State of Wisconsin, or our broader contacts. It feels like the world is our oyster; so much terrific programming is possible.

The committee is open to new members at any point during the year. We seek fellow retirees with a broad range of interests and a willingness to help organize a program or two along with the rest of the team. And of course, have fun doing it!

For additional information about the UWRA Retirement Opportunities Committee, please contact any other committee member or UWRA Executive Director.

If we have piqued your interest, come visit one of our committee meetings and see if this committee is something you’d enjoy being a part of. The committee meets monthly on the fourth Monday of each month from 10:00 a.m. to noon. Our committee meetings are listed on the UWRA calendar. We would love to have you join our committee!