

The SIFTER

A NEWSLETTER OF THE UW-MADISON RETIREMENT ASSOCIATION

on the web at <http://uwra.wisc.edu>

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RETIREMENT
ASSOCIATION

University of Wisconsin-Madison

December 2016

Check up on the US economy

by Kathleen Irwin, Co-Chair, Committee on Financial Matters
in Retirement

The health of the U. S. economy

Wednesday, December 14, 2016

10:00 a.m. to noon

Oakwood Village University Woods
Arts and Education Center (the auditorium)
6205 Mineral Point Road

The stock market seems to be continuing the same ups and downs we've seen for several years. The op-ed pieces on the economy continue to be all over the place. Are you having trouble figuring out what indicators reflect the reality of the state of the economy? Are you wondering what's going on? Join us when **Steve Rick**, Chief Economist for CUNA Mutual, will once again help us understand what really is going on with the U.S. economy. Steve is one of our most popular presenters, so come join us for an enlightening and entertaining session on our economy.

Registration

Advance registration is required in order to receive a copy of the handouts. Contact the Association office (see masthead), **by Thursday, December 8**, to register. Financial seminars are offered free to UWRA members, and members may bring guests who are not members of the Retirement Association. If you plan to bring a guest, please indicate the name when you register.

Parking

Enter the grounds at the traffic light at Island Drive and Mineral Point Road. Underground parking is available by veering left when you enter Oakwood. Take a right at the green sign that says "Heritage Oaks Parking." When you approach the parking garage door, push the red button and alert the receptionist that you are there for a UWRA program. You may park in any parking spot other than those marked "reserved." Take the elevator to the first floor and follow the signs for the auditorium. You may also park in a visitor spot in surface parking (marked spaces along the drive and on up the hill to the large lot).

Food pantry contribution

The food pantry recipient for this event will be the Open Seat Food Pantry, which was described in the November issue of *The Sifter* and which serves UW-Madison students. Both cash and checks payable to the UW Foundation with "Open Seat Food Pantry" on the memo line will be accepted.

UWRA grant supports our public schools

by Diane Kravetz, Co-Chair, Volunteering Committee

Each year, UWRA matches our members' contributions to public schools with a special grant. Once the contributions reported to the UWRA office reach \$1,000, we will donate \$1,000 to the Foundation for Madison's Public Schools.

We encourage you to continue supporting our public schools with contributions to any Dane County public school. Please report these donations to Ann Wallace, retireassn@mailplus.wisc.edu, so they can be applied to our matching fund.

Save the date for a continuing care program on March 21, 2017

by Faisal Kaud, Member, Committee on Financial Matters in Retirement

A subcommittee of the Committee on Financial Matters in Retirement will present an informational session on the economics, accommodations, and admission procedures of three continuing care retirement communities (CCRCs) in the Madison area. These include Attic Angel, Oakwood Village (West and East) and Capitol Lakes. After the formal presentation, several current residents and administrators of the three Madison CCRCs will be available to answer individual questions. The seminar is scheduled for Tuesday, March 21, 2017, from 9:00 a.m. to 1:00 p.m. (Please note the extended time frame.)

Program attendees learned how to learn more through the GLS website

by Louise Robbins, Member, Electronic Technology Committee

“This was even more valuable than I anticipated,” said one of the seventeen attendees of the October 13 program on the website for the General Library System (GLS). Presented by Julie Arensdorf, Outreach Instruction Librarian of the University Libraries’ instructional team, the program was sponsored by the Electronic Technology Committee.

Arensdorf introduced the new website, which has changed considerably since many UWRA members retired. She not only gave us pointers on how to complete basic functions, but also demonstrated the richness of the Libraries’ resources and how to gain access to them. The respondent continued, “I had used the Library for my professional needs, but didn’t appreciate the broad subject matter I could access.”

Most attendees suggested that they would like to learn more and that there were too many topics to cover, but, as one member said, “Now we just need to play with it and use ASK [a feature on the website] if we can’t figure it out.”

Attendees were gratified to learn that through the GLS they could access materials from other Big Ten institutions, could borrow audio and video materials, and could arrange to move many materials from the central campus to another, more convenient, library location. The helpful handout can be found on the UWRA website under the Resources drop-down menu, then the Presentations tab.

Continuing education for seniors

by Julie Nelson, Administrative Assistant, Attic Angel Association

The continuing education programs of the Attic Angel Association are held each Monday morning at Attic Angel Place, 8301 Old Sauk Road, Middleton. The programs are open to the public. Coffee is served at 10:00 a.m. and the program begins at 10:30 a.m. There is no charge, and no reservation is required. The programs for the month of December 2016 are listed below.

Monday, December 5: “A cultural encounter in Guatemala” by Sally Lorenz and Deb Cohn, Attic Angel Volunteers.

Monday, December 12: “Celebrate the season” by the Attic Angel Choir.

Meet a member: ten things about Mary Czyszczak-Lyne

by Debra Lauder, Column Coordinator

Spouse/significant other: widowed.

Work before retirement: Program Administrator for the L&S Honors Program.

My favorite part of retirement is no daily alarm clock.

My favorite part of work before retirement was working with and supporting undergraduates. My second favorite part of work was serving on campus committees representing university staff and as a union steward assisting staff who were seeking success and fulfillment at work.

I joined UWRA prior to retirement in preparation for retirement.

My favorite UWRA activities are the thought-provoking lectures and luncheons.

Now I spend my time volunteering in our community, serving on a couple of City of Madison committees, serving as a board member of the Regent Neighborhood Association, and remaining active with several campus committees.

Something that would surprise you about me is that I am a weaver.

What I’ve been reading lately: *The Fellowship: The Untold Story of Frank Lloyd Wright and the Taliesin Fellowship* by Roger Friedland and Harold Zellman.

My favorite restaurant in the Madison area is: Lombardino’s.

Welcome to these new members of the Association, 10-11-16 through 11-8-16

Barbara Buenger	Wendy Schmidt-Janosik
Kathy & Rich Henderson	Colleen & Peter Vachuska
Sue Ann & Mark Hubanks	Jan Von Haden
Peggy & Larry Nowicki	Lauris Wagner
Christopher Olson	Shirley Wright
Ellen Rafferty	Douglas & Karen Zweizig
Sarah Rankin	

UWRA members learn how to find their roots

by Dorothy Klinefelter, Member, Electronic Technology Committee and UWRA Board

Do you ever wonder where you came from? On October 26, twenty-two people at the Fitchburg Library heard a wonderful program by Lori Bessler of the State Historical Society, in which she gave us many good ideas and techniques to trace our ancestors. She emphasized the immense resources available at the Society's library.

Among items available at the library are vital records, maps, immigration lists, censuses, military records, newspapers, archives of governmental records, manuscripts, and county histories. Many states are represented in its holdings, not just Wisconsin. Many of these items are digitized and accessible on line. In addition, she introduced us to other online digital collections and indexes such as Ancestry, Family Search, and Find-a-Grave. All in all, her excellent presentation, which was useful for both beginners and experienced genealogists, sent us home with a new resolve to delve into these fabulous records. Her handout is available on the UWRA website: uwra.wisc.edu/presentations.

Cartilage regeneration by stem cells as a treatment for osteoarthritis

by Kato Perlman, Member, UWRA

Wan-Ju Li, Ph.D., Principal Investigator

Musculoskeletal Biology and Regenerative
Medicine Laboratory

Department of Orthopedics and Rehabilitation,
UW-Madison

Friday, December 9, at 10:30 a.m.

Oakwood Village University Woods Arts Center

Emerging stem cell-based therapies that provide a biological treatment of osteoarthritis are considered advantageous when compared to existing pharmacological or surgical approaches. Li's research team focuses on developing new treatments based on stem cells and regenerative medicine for cartilage repair. They have successfully demonstrated the potential of stem cells for regenerating cartilage in their laboratory. These proof-of-concept studies provide insights into the feasibility of patient-specific stem cells for orthopedic applications as well as validation of personalized medicine for clinical treatments.

Audience riveted by seminar on estate planning

by Millard Susman, Co-Chair, Committee on Financial Matters in Retirement

"Estate planning"—it's a topic that promises to be as gloomy as "planning your funeral" or "living with dementia," but retired Law School professor Howard Erlanger promised to keep us on the edge of our seats when he delivered his lecture, "Estate Planning 101," at the Oakwood auditorium on October 19. And he delivered on his promise! His lively and amusing seminar covered topics ranging from "What do I own?" including the subtleties of community property laws to "Don't forget the real world," including tips on preventing conflict among your heirs. Members of the audience were reluctant to leave at the end of the seminar; they remained in their seats to ask our generous speaker to answer a seemingly endless stream of questions. In the end, we had to ask a couple of dozen folks to vacate the auditorium when our reserved time expired.

There will be no materials from Professor Erlanger's seminar on our website, but he has given us permission to send UWRA members pdf copies of his 21-page essay, "A Consumer Guide to Estate Planning." UWRA members can request a copy by sending an email to Ann Wallace at retireasn@mailplus.wisc.edu.

Avoid job scams this holiday season

by Erik Geiger, Web developer and Writer, DoIT

Many of us take second jobs to make ends meet over the holiday season, or just to make some extra money to make the holidays special for our loved ones. There are a number of scammers out there looking to take advantage of the influx of would-be moonlighters, in order to make of them targets or even unwitting accomplices to serious crimes. Learn how to avoid these scams at go.wisc.edu/26c14r.

Monthly reminders

Westside breakfast at Sofra, 7457 Elmwood Avenue, Middleton, 8:30, December 12, January 5, and February 7.

Eastside breakfast at Elie's, 4102 Monona Drive, Madison, 8:30, December 15, January 12, and February 16.

Reservations are not needed for either location. You are welcome regardless of where you live.

For information on upcoming PLATO trips, go to <http://platomadison.org/page-18561>.

The Sifter
http://uwra.wisc.edu
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Moved or Moving?

The Sifter will not automatically be forwarded by the Postal Service. Please use email, snail mail, or the telephone to give us your new address so that you can continue to receive *The Sifter* on a regular basis.

UWRA Calendar

December 7	7:30 a.m.	Trip to Chicago's Museum of Science and Industry
December 12	8:30 a.m.	Breakfast at Sofra
December 14	10:00 a.m.	The state of the U.S. Economy
December 15	8:30 a.m.	Breakfast at Elie's
January 5	8:30 a.m.	Breakfast at Sofra
January 12	8:30 a.m.	Breakfast at Elie's
January 17	10:00 a.m.	How the Wisconsin budget can stimulate state economy*
February 7	8:30 a.m.	Breakfast at Sofra
February 15	TBA	Luncheon program*
February 16	8:30 a.m.	Breakfast at Elie's
February 22	10:00 a.m.	State employee health insurance program: 2018 and beyond*
February 23	10:00 a.m.	Tour of UW Health - the American Center*
March 15	TBA	Luncheon program*
March 21	9:00 a.m.	Continuum of care facilities*
April 21	10:00 a.m.	Annual ETF/SWIB update*
April 25	10:00 a.m.	Program on hearing loss*
May 16	10:00 a.m.	Investment strategies, pre- and post-retirement*
May 25	TBA	Trip to Yerkes Observatory and East Troy Electric Train

*details will be provided in future issues of *The Sifter*.