

The SIFTER

A NEWSLETTER OF THE UW-MADISON RETIREMENT ASSOCIATION

on the web at <http://uwra.wisc.edu>

phone 608-262-0641 or email retireasn@mailplus.wisc.edu

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RETIREMENT
ASSOCIATION
University of Wisconsin-Madison

February 2017

A healthy boost to start your new year

by Pat Carol, Co-Chair, Connections Committee and UWRA board member, and Sara Neuroth, Member, Connections Committee

Now that 2017 is here, are we thinking of making better health choices? Do we need to exercise more but maybe need a structured program to get us started? Come join us for a tour of the newest state-of-the-art UW facility, where we will begin with an overview of their health and wellness center as well as the culinary and nutritional programs offered there. We will be welcomed by John Sheehan, President, UW Health at The American Center.

Tour UW Health at The American Center Thursday, February 23, 10:00 to 11:30 a.m.

4602 Eastpark Boulevard

We will meet in the lobby of the main entrance, which is in the center of the complex with a circle drive in front of it. They will provide signage for the UW Retirement Association to help us identify our group. We will be escorted from the lobby to room 1660, where the presentation will take place. Please plan to arrive early so we can start the program promptly at 10:00. Following the presentation, we will break into groups of 12 for our tour of their facilities.

Following the tour, we are welcome to stay and enjoy a lunch in their cafeteria if your plans allow. The cafeteria is open to the public and lunch is on your own. If you wish to enjoy some coffee there before leaving, the Beans and Cream coffee shop is just past the gift shop on first floor.

Registration

Advance registration is required in order to receive a packet and to allow our hosts to schedule the appropriate number of tour guides. Contact the Association office (see masthead), no later than Friday, February 17, to register.

Directions

Take highway 151 north toward Sun Prairie. Take exit 98B for American Parkway and turn left at the first traffic signal on Eastpark Boulevard. Follow Eastpark Boulevard around past Alliant Energy and proceed to The American Center. It is approximately one mile from the start of Eastpark Boulevard to the entry of the parking lot, and the route is well marked with the blue "H" for hospital signs. Just before the bus stop, you will turn right into their parking lot.

Parking

They will reserve parking for us in the surface lot immediately to the left when you enter the lot. There will be signage to identify the UW Retirement Association in that location. If you miss this lot, there are many other options available marked for visitors, but please use only the area clearly marked for visitors.

Ramp: There is no fee to park there. Please park in slots marked for visitors.

Handicapped: If you need handicapped parking, proceed up to the road just before the entry, where there are many handicapped slots available.

Madison Metro: The Route 26 bus will drop you off and pick you up at the bus stop right in front of the complex. Please check the Metro schedule for times.

Enter our photo contest—it's easy

by Millard Susman, Member, Electronic Technology Committee and Connections Committee

The Photo Contest is still accepting entries, and it's easy to navigate to the contest pages. Go to the UWRA homepage on the web (uwra.wisc.edu) and click on the announcement of the third annual UWRA Photo Contest. You will be connected to the contest rules page. After reading the rules, click on "Upload Form" in the list on the right side of the page. The next step is to follow the instructions on the Upload Form to submit your photos (up to three). The deadline for submission of photos is February 28. We're looking forward to seeing the great photos that are submitted. If you have questions, get in touch with Millard Susman (msusman@wisc.edu) or Rose Barroilhet (rbarroilhet@gmail.com).

Learn more about possible changes to our health insurance

by Jack Sorenson, Member, Committee on Financial Matters in Retirement

All UWRA members are likely aware of the economic (and sometimes politicized) discussion of a possible change in our health insurance coverage. The proposed self-insurance plan would replace the current plan, which pays health care providers and their affiliated insurance companies, with a plan in which the state assumes all the risks for those costs. It is a very complex, multi-dimensional issue, which the State of Wisconsin Group Insurance Board has been working on throughout the past year. This Board is studying whether a self-insured regional/statewide program structure would provide state employees and retirees with a health plan that would be less expensive than the status quo yet would still provide equivalent or better health care. We are fortunate to have Ms. **Lisa Ellinger**, Director of Employee Trust Fund's Office of Strategic Planning and also staff to the State of Wisconsin Group Insurance Board, to present a seminar bringing us up to date on the work of ETF and the Group Insurance Board. She will discuss the implications of the proposed self-insurance and several related infrastructure changes not only for current employees, but also for UW retirees whose health coverage is characterized as Medicare primary and Wisconsin State Group Health Insurance secondary.

Seminar on Wisconsin state employee health insurance program: 2018 and beyond
Please note date change: Friday, February 24
1:30-3:30 p.m.

Oakwood Village University Woods
Arts and Education Center (the auditorium)
6205 Mineral Point Road

Registration

Advance registration is required in order to receive a copy of the handouts. Contact the Association office (see masthead), by Monday, February 20, to register. Financial seminars are offered free to UWRA members, and members may bring guests who are not members of the Retirement Association. If you plan to bring a guest, please indicate the name when you register.

Parking

Enter the grounds at the traffic light at Island Drive and Mineral Point Road. Underground parking is available by veering left when you enter Oakwood. Take a right at the green sign that says "Heritage Oaks Parking." When you approach the parking garage door, push the red button and alert the receptionist that you are there for a UWRA program. You may park in any parking spot other than

those marked "reserved." Take the elevator to the first floor and follow the signs for the auditorium. You may also park in a visitor spot in surface parking (marked spaces along the drive and on up the hill to the large lot).

Food pantry contribution

The food pantry recipient for this event will be the First United Methodist Church. Both cash and checks payable to the First United Methodist Church will be accepted.

Seminar on Continuum of Care Retirement Communities — Update

by Faisal Kaud, Member, Committee on Financial Matters in Retirement

In the December issue of *The Sifter*, we announced an upcoming seminar on continuum of care retirement communities (CCRCs) in the Madison area. We are now pleased to announce that, in addition to information on Attic Angel, Oakwood Village (West and East), and Capitol Lakes, we have added another CCRC, Oak Park Place, to the program.

Mark your calendars. The seminar will be presented on Tuesday, March 21, at the Lussier Family Heritage Center, 3101 Lake Farm Road. The program will start promptly at 10:00 a.m. and will end when attendees run out of questions.

ETC Says: help for updating computers is on the way!

by John Helgeson and Paul Reichel, Members, Electronic Technology Committee

Many of us had what we believed were adequate computers, data-storage devices, etc., when we retired. But now, some years later, we wonder if we should upgrade programs or get a new computer. Perhaps we find that we can't even upgrade our existing equipment! So what can we do? The Electronic Technology Committee is sponsoring a program by the professionals at DoIT on computer hardware, such as laptop and desktop computers, data-storage drives, smart phones, tablets, and so forth. The idea is to give our members information about what is new out there and also provide some idea of where we might go to upgrade our computer capabilities for the future. There will also be time for questions.

Computers and related hardware
Wednesday, March 22, 1:30 to 3:00 p.m.

Oakwood Village West auditorium
6205 Mineral Point Road

More details will be in the March issue of *The Sifter*.

UW-Madison Retirement Association

MARCH LUNCHEON and MORNING PROGRAM

Wednesday, March 15, 2017

Morning program at 10:30 a.m. and luncheon at 11:45 a.m.

Coliseum Bar & Banquet, Parkview Hall, 232 East Olin Avenue
(Enter through front door, take stairs or go straight and turn left for elevator)

'Tis a time for the wearin' o' the green! Perhaps a shamrock, green scarf, tie, or jacket. We can all be Irish around St. Patrick's Day and can dine on corned beef and cabbage.



Our morning program presentation is "Great Lakes Shipwrecks of Wisconsin." Dive into the history hidden beneath the waves with Wisconsin Historical Society's maritime archaeologist, **Tamara Thomsen**. Explore Wisconsin's Great Lakes shipwrecks through underwater video, historic photographs, and archaeological discoveries! Learn how the Wisconsin Historical Society documents these time capsules of our maritime past.

We continue our focus on the Wisconsin Historical Society with **Ellsworth Brown**, the Director, as our luncheon speaker. His presentation is "The Wisconsin Historical Society: Connecting Past to Future." The Society is the state's memory and premier storyteller. Though they are a small state agency, they make major contributions to Wisconsin's economic, educational, and cultural health through innovative initiatives and programs. Their programs, historic sites, museums, collections, and archives inform and entertain adults and challenge young people to think critically about their place in history. They promote Wisconsin tourism, and their historic preservation program reinvigorates neighborhoods.

The pantry recipient for this event will be the Personal Essentials Pantry. We can accept cash and checks made payable to that organization.

The luncheon entrees are fork-tender corned beef brisket, steamed cabbage, baby carrots, and baby red potatoes, or vegetarian Quiche Lorraine with traditional green beans and maple-glazed baby carrots. Both meals include a salad of mixed greens with garden vegetables and choice of dressing, fresh-baked rolls and butter, and beverages of coffee, milk, soda, and water.

The Luncheon Committee: Darrell Barth, Doug Bradley, Pat Henrikson, Sarah Potts, Christine Schindler, Joel Skornicka, Barb Wiley, and Gail Holmes (Chair)

UW-Madison Retirement Association luncheon * Reservations for Wednesday, March 15

Please reserve _____ places for the morning program at 10:30 a.m.

Please reserve _____ places for the luncheon at 11:45 a.m. at \$16 per person.

Select an entree per person _____ corned beef _____ quiche lorraine

Special dietary needs _____

Name/s (please print) _____

Email address _____

Payment of \$16 per person is enclosed. Please make checks payable to UW-Madison Retirement Association.

Mail to UW-Madison Retirement Association
c/o Division of Continuing Studies
21 North Park Street, Room 7205
Madison, WI 53715-1218

Questions? Call 262-0641.
Please mail in time to arrive
no later than March 10, 2017.

Meet a member: ten things about Marc Fink

by Debra Lauder, Column Coordinator

Name: Marc Fink

Spouse/significant other: Marcia Fink

Before retirement: Principal Oboist, Madison Symphony Orchestra; Professor of Music, UW-Madison

My favorite part of work before retirement was working with the students and the incredible opportunities for growth and development. In the 40 years on the faculty of the School of Music, I was able to perform throughout the world, and I feel very fortunate that in retirement I can continue to play great music both in Madison and in such places as China, Russia, and Alaska. The nurturing of my School of Music colleagues in my early years on the faculty had a huge influence, and I am most grateful.

The first thing I did after I retired was travel to Germany and Italy to visit daughters Leah and Anna.

Now I spend my time practicing oboe and piano, travelling, reading, working out, playing tennis and golf, and watching UW sports.

The top item still on my bucket list is seeing the Cubs win the World Series, but it has already happened!

Something that would surprise you about me is that I studied Russian in the Air Force and earned the Air Medal for my service in Japan.

Lately I've been reading Amor Towles' *A Gentleman in Moscow*.

My favorite restaurant in the Madison area is Estrellon.

The music I most enjoy listening to is classical music for orchestra, chamber music, and solo piano.

My next travel plans include visiting our one-year old granddaughter in Paris.

Free tax preparation service

by Faisal A. Kaud, Member, Committee on Financial Matters in Retirement

VITA/TCE and AARP Tax-Aide Service helps families and individuals with low-to-moderate incomes to complete their federal and state returns. If interested, call United Way 2-1-1 for a list of sites.

Spring 2017 University Roundtable series

by Jake Smith, Deputy Secretary of the Academic Staff

Each semester, the University Roundtable features lunch programs with a talk by a member of the university community. Roundtable programs are open to members of the university community and their guests. All programs are in Varsity Hall in Union South from 11:45 a.m. to 1:00 p.m.

In the February 8 session, Dr. Dave O' Connor will discuss what we know and don't know about Zika virus based on research conducted at UW-Madison. On March 8, Dr. Heather Kirkorian will provide a look at the influence of screen media on learning in infants and young children. Finally, on April 19, Dr. Chris Todd Hittinger will give a talk about the importance of yeasts in the production of foods, beverages (particularly lager beer), and biofuels. Each luncheon costs \$12. To register for the February 8 roundtable, go to go.wisc.edu/5h1t78. For March 8, go to go.wisc.edu/127r3b. For April 19, go to go.wisc.edu/ioud0h.

Attic Angel programs

by Julie Nelson, Administrative Assistant, Attic Angel Association

The Attic Angel Association holds programs each Monday morning at Attic Angel Place, 8301 Old Sauk Road, Middleton, WI. The programs are open to the public. Coffee is served at 10:00 a.m. and the program begins at 10:30. There is no charge, and no reservation is required.

February 6: "A potpourri of fish stories from the Great Lakes and beyond," Peter McIntyre, Associate Professor of Zoology, UW - Madison

February 13: "Alexander Hamilton: from obscurity to greatness," John Kaminski, Historian, Department of History, UW - Madison

February 20: "Sharia: code or process? Implications for perceptions of Islamic law in the U.S." Peter Krug, Professor Emeritus, University of Oklahoma College of Law

February 27: "Tips and techniques to maintain your pc laptops and desktops," Hiep Tran, former Tech Support, Madison Area Technical College.

India's caste system and efforts to level the playing field

by Sara Neuroth, Member, Connections Committee

Joe Elder, Uw-Madison Emeritus Professor in the Departments of Sociology/Languages and Cultures of Asia/Integrated Liberal Studies, will provide UWRA members with a better understanding of the issues involved in this topic. Attendees will also be provided handouts with timelines and other historic details. As Prof. Elder says,

During India's struggle for independence from the British, India's leaders such as Mahatma Gandhi referred to the ideals of a "casteless, classless society." Upon achieving independence, India's leaders enacted laws providing special political and economic advantages to "scheduled castes," "scheduled tribes," "other backward classes," and women. Sixty years have passed. What problems have those laws faced in application and interpretation? How have those laws "leveled the playing field" in India—the world's largest democracy?

Comparing India's long-term efforts to level the playing field with those of the USA

Monday, March 13, 10:00 a.m.
Capitol Lakes Grand Hall
333 West Main Street

Registration

Advance registration is required. Contact the Association office (see masthead) no later than March 7 to register. Seminars are offered free to UWRA members, and members may bring guests who are not members of the Retirement Association. If you plan to bring a guest, please indicate the name when you register so adequate handouts can be provided.

Parking

There is a free ramp across the street. Enter off Washington Place (between West Main Street and West Washington Avenue). Push the blue button to obtain a ticket and then park in spaces marked "Capitol Lakes Reserved." After the program, the Capitol Lakes front desk will validate your ticket—be sure to bring it in with you. If the gates are open, tickets will not be dispensed, and you will not need one in order to leave.

Food pantry contribution

The food pantry recipient for this presentation will be Good Shepherd Lutheran Church. Both cash and checks payable to that organization will be accepted.

Executive Director's corner

by Ann Wallace

Very soon our Nominating Committee will be developing the slate of officers and board members that will be presented for election at our annual meeting in May. We will be seeking one board member from each of the former employment categories—faculty, academic staff, and university staff—as well as a president-elect from the academic staff ranks. You are encouraged to nominate yourself or someone else for this or a future election. Submit the name and a very brief bio to retireassn@mailplus.wisc.edu before February 22.

We receive periodic inquiries in the UWRA office from members who have questions about converting their group life insurance. All of you can find a publication on the Employee Trust Funds website entitled "Converting Your Group Life Insurance to Pay Health or Long-Term Care Insurance Premiums." Go to etf.wi.gov/publications/et2325.pdf. Note that some restrictions apply.

Welcome to these new members of the Association

12-6-16 through 1-9-17

Charles Brokopp
Michael Corradini
Barbara Graverson
Julia McGivern & Tom Smith
Gregory & Sharon Moser
Jean Stover
Pamela Van Ryzin
Stephen & Beverly Vaughn

Monthly reminders

Westside breakfast at Sofra, 7457 Elmwood Avenue, Middleton, 8:30, February 7, March 7, April 4.

Eastside breakfast at Elie's, 4102 Monona Drive, Madison, 8:30, February 16, March 22, April 18.

Reservations are not needed for either location. You are welcome regardless of where you live.

For information on upcoming PLATO trips, go to platomadison.org/page-18561.

The Sifter

<http://uwra.wisc.edu>

UW-Madison Retirement Assn
c/o Division of Continuing Studies
21 North Park Street, Room 7205
Madison, WI 53715-1218

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Moved or Moving?

The Sifter will not automatically be forwarded by the Postal Service. Please use email, snail mail, or the telephone to give us your new address so that you can continue to receive *The Sifter* on a regular basis.

UW-Madison Retirement Association Calendar

February 7	8:30 a.m.	Breakfast at Sofra
February 16	8:30 a.m.	Breakfast at Elie's
February 23	10:00 a.m.	Tour of UW Health at The America Center
February 24	1:30 p.m.	State employee health insurance program: 2018 and beyond
		NOTE DATE CHANGE
February 28		Deadline for UWRA photo contest entries
March 7	8:30 a.m.	Breakfast at Sofra
March 13	10:00 a.m.	India's caste system: trying to level the playing field
March 15	10:30 a.m.	Morning program on Great Lakes shipwrecks of Wisconsin
March 15	11:45 a.m.	Luncheon program on the Wisconsin Historical Society
March 21	10:00 a.m.	Continuum of care facilities*
March 22	8:30	Breakfast at Elie's
March 22	1:30 p.m.	Program on computer hardware*
April 4	8:30 a.m.	Breakfast at Sofra
April 18	8:30 a.m.	Breakfast at Elie's
April 21	10:00 a.m.	Annual ETF/SWIB update*
April 25	10:00 a.m.	Program on hearing loss*
May 15	TBA	Trip to Yerkes Observatory and East Troy Electric Train*
May 16	10:00 a.m.	Investment strategies, pre- and post-retirement*

*Details will be provided in future issues of *The Sifter*. Registrations will be accepted after the full descriptive article has been published.