

Cov SIFTER

IBewsletter ntawm lub UW-M Adison Retirement Association

hauv web ntawm UWRAmadison.org

xov tooj 608-262-0641 los yog email retireasn@mailplus.wisc.edu

Editor: Mary B. Ray

Layout: Colleen McCabe



Retirement Association
UNIVERSITY OF WISCONSIN-MADISON

Lub ob hlis ntuj 2020

Kawm kom paub txog cov tsiaj qus kho mob

los ntawm Susan Fischer, tug, Nyiaj so Txoj kev sib tw thiab tej cib fim
los Committee

Koj raug caw mus rau ib tug nthuav qhia los ntawm Jackie Sandberg ,

Cov tsiaj qus Training Saib Xyuas ntawm cov Dane County siab zoo Society tus (DCHS)
Cov tsiaj qus Center. Lub Center, pab los ntawm lub zos tuaj pab dawb, pab tshaj 4,000
neeg muaj mob thiab raug mob tsiaj qus txhua txhua xyoo nrog lub hom phiaj ntawm tso
noj qab nyob zoo tsiaj rov qab mus rau lawv ntuj yeej.

Wisconsin cov tsiaj qus kev ncaj ncees: kev tu mob thiab raug mob tsiaj

Tuesday, Lub ob hlis ntuj 11, 10:00 - 11:30 am

Monona Community Center

Main theem 1011 Nichols

Road, Monona

Sau npe sijhawm: Tuesday, Lub ob hlis ntuj 4

DCHS yog ib lub private non-profit, hauv zej zog-txaus siab koom haum thiab yog
tsis affiliated nrog tej tsoom fvw lub koom haum los yog lub teb chaws tsiaj noj qab
haus huv lub koom haum. Nws yog ib qho qhib kev txais neeg kawm vaj tse, txais
tag nrho cov tsiaj uas yuav tsum tau kev pab hais txog ntawm lub hnuv nyooq, noj
qab haus huv raws li txoj cai, los yog siab luv.

Jackie tuas ib tug master degree nyob rau hauv kev txuag ib thiab sustainable kev loj
hlob los ntawm lub UW-Madison, nyob rau hauv tas li ntawd mus tshaj lub xeev thiab
tsoom fvw teb chaws cov tsiaj qus kev ncaj ncees tso cai. Nws yog xav nyob rau hauv
ornithological kev tshawb fawb, nrog rau cov siv los ntawm cov tsiaj qus kev ncaj
ncees rau neeg nyob hauv zos puab thiab txoj kev vam meej ntawm tej tib neeg. **Cov
ntaubntawv povthawj siv tsis paub tseeb hais tias .**

Chaw nres tsheb thiab qhia

Los ntawm cov Beltline tawm 265, tsav sab qaum teb rau Monona Drive txog 1.2 mais.
Lem sab laug rau ntawm Nichols Txoj kev thiab tsav tsheb ceev li 0.8 mais. Lub Monona
Community Center yog nyob rau hauv koj txoj kev ntawm cov kev tshuam ntawm
Nichols Txoj kev thiab Healy Lane. Yog hais tias koj mus txog Winnequah Road, koj tau
ncaim deb. Muaj yog xam cov chaw nres tsheb nyob rau Community Center, thiab muaj
yog nruab nrab kem nkag mus rau hauv lub tsev raws li zoo raws li stairs.

Khoom noj khoom haus pantry pab

Ob leeg nyiaj ntsuab thiab tshev rau Mt. Xi-oos Baptist lub tsev teev ntuj

Khoom noj khoom haus pantry yuav lees.

sau npe

Ua Ntej sau npe yuav tsum tau. Mus saib uwramadison.org / kev tshwm
sim-3694799 mus sau npe online. Yog hais tias koj tsis sau npe, peb yuav
tsis lav hais tias muaj yuav ua tau txaus ntawv muaj. Yog hais tias koj los
yog koj tus khub sau npe rau qhov no seminar tab sis tuaj tsis tau, thov hu
rau tus UWRA chaw ua hauj lwm.



cov mej zeej tshiab

Hlis ntuj nqeg 5, 2019 - Lub ib hlis ntuj 9, 2020

Hans Adler Brian Bigler Michael
bridgeman Amy Ford James Ford
Annette Gendron-Fitzpatrick Wilma
Gillis Wayne Hoernke Catherine
Jobsis Hoernke Lars Jorgensen
David Kammel

Thomas Kniep Christine
Kniep Sheila Leary
Mary Marshall Doug
Marshall Laurie
Mayberry Willa Schmidt
Ken Scott Denice
Springman Steven
Zwickel

Tiv thaiv koj tus kheej

los ntawm Kathy Christoph, tug, Committee on nyiaj txiag Matters nyob rau hauv Retirement

Yog leejtwg tub sab tub nyiaj tseem mus yuav tus pheed loj fastest txhaum nyob rau hauv lub tebchaws United States. Qhov ntau koj kawm txog nws, qhov tsawg lam tau lam ua koj. **Jeff Kersten los ntawm cov Wisconsin Bureau of Consumer Protection yuav** piav txog ntau hom kev qhia tias yog leejtwg tub sab tub nyiaj, yuav ua li cas kom paub txog nws, thiab yuav ua li cas los tiv thaiv nws, xws li cov lus qhia txog kev dag qhia thiab kev ruaj ntseg freezes. Tau txais lub tswv yim rau saib tej ntau ntawv thiab kawm tau li cas rau tej lub liab chij ntawm ib tug kws txuj ci dag. Koj yuav tsum tau tso cai xam lub sij hawm mus nug cov lus nug thiab yuav tau muab pab ntawv nqa mus tsev nrog koj.

Yog leejtwg tub sab tub nyiaj: protect thiab tiv thaiv

Tuesday, Lub peb hlis ntuj 17, 10:00 am - tav su
Oakwood Zos University Zoov

Center rau cov kawm Askiv thiab kev kawm
ntawv 6205 Mineral Point Txoj kev

Sau npe sijhawm: Tuesday, March 10



Jeff yog lub Agency Liaison rau lub Bureau of Consumer Protection nyob rau hauv lub Wisconsin Department of Agriculture, Trade and Consumer Protection. Nyob rau hauv no luag hauj lwm, Jeff mus nyob ib ncig ntawm lub xeev los muab kev kawm rau pej xeev, lag luam, thiab cov tub ceev xwm nyob rau hauv qhov tseem ceeb ntawm kev tiv thaiv

thiab cov ntau ntawv kev ruaj ntseg. Jeff muaj dua 12 xyoo ntawm kev raws li ib tug tub ceev xwm tub ceev xwm thiab yog ib tug qub Consumer Protection neeg rau lub Bureau of Consumer Protection. **Qhov kev pab no yuav tsis raug kaw.**

Chaw nres tsheb

Sau Oakwood ntawm lub tsheb lub teeb nyob rau Island Drive thiab Mineral Point Road. Siv lub sab laug diav rawg thiab ces tus thib ob tsheb rau hauv txoj cai rau nkag mus rau qhua underground chaw nres tsheb. Thawb lub khawm pab. Nres nyob rau hauv tej qhua los yog tsis reserved Tub Ntsuag. Noj elevator rau pem teb ua ntej chaw tos txais qhov twg tshwm sim los yog ib tug txais tos qhua yuav pab tau koj. Thaum koj tawm hauv lub underground chaw nres tsheb, lub nkas-las rooj yuav qhib tau. Tej zaum koj kuj nres nyob rau hauv ib tug saum npoo qhua chaw (cim tej qhov chaw raws tsav thiab mus txog lub roob mus rau lub loj heev).

Nyob rau ko taw, nkag mus rau Cuab yeej cuab tam, 6205 Ntxhia Point Road, nyob rau hauv nws lub ntsiab nkag (peb driveway nyob rau txoj cai, nyob rau ntawm lub tsheb kos npe rau). Yuav kom txuas mus rau lub Oakwood tsev kawm ntawv daim ntawv qhia, siv //tinyurl.com/ y6zaugvm.

Yog hais tias noj cov tsheb npav, Madison Metro Bus tseem khiav 14 thiab 67 nres rau ntawm Mineral Point Txoj kev nyob rau hauv pem hauv ntej ntawm Oakwood, Yog hais tias

mus txawv tebchaws easterly, los yog thoob plaws Mineral Point Txoj kev los ntawm Oakwood, Yog hais tias koj mus txawv tebchaws westerly.

Khoom noj khoom haus pantry pab

Ob leeg nyiaj ntsuab thiab tshv rau UW Foundation nrog "Qhib Rooj pantry" nyob rau memo kab yuav tau txais.

sau npe

Ua Ntej sau npe yuav tsum tau. Mus saib uwramadison.org/ kev tshwm sim-3654327 mus sau npe online. Yog hais tias koj tsis sau npe, peb yuav tsis lav hais tias muaj yuav ua tau txaus ntawv. Yog hais tias koj los yog koj tus khub sau npe rau qhov no seminar tab sis tuaj tsis tau, thov hu rau tus UWRA chaw ua hauj lwm.

Nws tsis yog lig dhau lawm mus sau npe

Tuaj koom nrog peb thaum **J. Michael Collins**, Kws qhia ntawv cov thawj coj ntawm lub Center rau nyiaj txiag Security, tham txog cov kev hloov lub luag hauj lwm ntawm kev sib raug zoo kev tuav pov hwm, tawm-of-pocket kev kho mob cov nqi, thiab cov nuj nqis, xws li cov kev loj hlob kev siv ntawm mortgages nyob rau hauv cov nyiaj laus. Kawm tau li cas tsev neeg yuav hloov lawm le caag los nyiaj txiag thiab legacy npaj. Qhov kev pab no yuav rov hais dua mus rau ib tug ntau yam ntawm retirees. **Nws yuav tsum kaw .**

Nyiaj txiag kev ruaj ntseg thiab zoo-ua nyob rau hauv cov nyiaj laus:

dab tsi yav tom ntej?

Wednesday, Lub ob hlis ntuj 19, 10:00 am - tav su
Oakwood Zos University Zoov

Center rau cov kawm Askiv thiab kev kawm
ntawv 6205 Mineral Point Txoj kev

Sau npe sijhawm: Wednesday, Lub ob hlis ntuj 12

sau npe

Ua Ntej sau npe yuav tsum tau. Mus saib uwramadison.org / kev tshwm sim-3655729 mus sau npe online. Yog hais tias koj tsis sau npe, peb yuav tsis lav hais tias muaj yuav ua tau txaus ntawv muaj. Yog hais tias koj los yog koj tus khub sau npe rau qhov no seminar tab sis tuaj tsis tau, thov hu rau tus UWRA chaw ua hauj lwm.

Cia li mus rau lub UWRA website

nthuav

Noj cov zaub mov thiab cov laus qhov muag (Oct 17) Health ntawm US Economy (Dec 17) Kuv xav tau ib tug Trust? (Jan 14) Board of Director Feeb

Lub kaum hli ntuj 17 Kaum ib hlis 21 Hlis ntuj nqeg 19 Tshuav Sheet thiab Nyiaj Statement

YTD li ntawm lub Kaum Ob Hlis 31, 2019

txog Charter Cov neeg

Keeb kwm ntawm Association

Tshwj xeeb cov kev pab cuam rau qhov apps

los ntawm Ann Wallace, tug, Hauv Technology Committee

Suab thiab sightings nyob rau hauv cov xwm apps

Wednesday, March 4, 10:00 - 11:30 am

Capitol Pas dej Nyiaj Community

Grand Hall 333 West

Main Street

Sau npe sijhawm: Wednesday, Lub ob hlis ntuj 26



Plan mus koom qhov kev pab cuam thiab kev kawm txog ib co ntawm cov xwm apps uas yuav pab tau koj yuav txaus siab rau ua si nraum zoov. Caij nplooj ntoos hlav yog los! Koom nrog cov noog enthusiast, **xwm lover, thiab UWRA neeg Chuck Henrikson raws li** nws piav txog ib co ntawm qhov zoo tshaj plaws xwm apps nws tau pom. Qhov kev pab cuam yog koom tes ua ke txhawb nqa los ntawm Hauv

Technology Committee thiab lub Retirement kev sib tw thiab tej cib fim los Committee.

Qhov kev pab cuam yuav tsom rau ob thawj apps: Merlin thiab iNaturalist. Merlin yog ib tug dawb app los ntawm cov Cornell Lab ntawm Ornithology los pab koj xyuas tej tsis paub hais tias noog. Merlin nug koj ib tug series ntawm tsib yooj yim cov lus nug thiab ces piv koj cov lus teb mus rau lub loj loj database lub Cornell Lab ntawm Ornithology koom tes hu ua eBird tuaj nrog ob peb xaiv. Nws pib ua tej no rau koj nyob rau hauv daim ntawv ntawm cov duab, uas koj xaiv qhov zoo tshaj plaws phim rau koj tsis paub hais tias noog. Koj muaj peev xwm xa tau ib daim duab ntawm lub tsis paub hais tias noog, thiab dua Merlin yuav muab tau yuam kev los ntawm lawv cov tsev qiv ntawv ntawm noog cov duab. Chuck yuav piav me me eBird, cov noog database uas txhiab tus pej xeem zaum ib ncig ntawm lub ntiaj teb no xa lawv noog sightings txhua txhua hnuv. eBird yog free.

Lub app iNaturalist yog tseem dawb. Nws yog ib tug sib koom teg num los ntawm lub xeev California Academy ntawm Sciences thiab lub National Geographic Society los pab koj xyuas cov nroj tsuag thiab cov tsiaj nyob ib ncig ntawm koj. Thaum koj qhib qhov app, nws hais kom koj thaj duab nroj tsuag los yog tsiaj nrog koj cell xov tooj thiab qhov chaw koj nyob. Nws ces piv cov ntaub ntawv no nrog nws cov database thiab qhia npe nrog rau cov duab rau koj tsis paub hais tias nroj tsuag los yog tsiaj. Ib daim ntawv ntawm lwm yam nroj tsuag thiab tsiaj apps yuav muab nyob rau hauv ib tug ntawv. **Qhov kev pab no yuav tau muab sau.**

Chaw nres tsheb

Dawb chaw nres tsheb yog muaj nyob rau hauv lub chaw nres tsheb nruab nrab kem nyob ntawm lub Capitol Pas dej ntsiab nkag rau Main Street. Siv ib daim pib raws li koj nkag rau hauv, thiab muaj nws validated nyob rau hauv pem hauv ntej lub rooj raws li koj tawm hauv lub seminar. Lub daim pib yog siv tau rau xwb 20 feeb tom qab nws yog ntaus thwj. Yog hais tias lub rooj vag yog qhib, daim pib yuav tsis tsum dispensed, thiab koj yuav tsis xav tau ib tug tawm.

Khoom noj khoom haus pantry pab

Ob leeg nyiaj ntsuab thiab tshev rau **Goodman Community Center Khoom noj khoom haus pantry** yuav lees.

sau npe

Ua Ntej sau npe yuav tsum tau. Mus saib uwramadison.org/ kev tshwm sim-3577958 mus sau npe online. Yog hais tias koj tsis sau npe, peb yuav tsis lav hais tias muaj yuav ua tau txaus ntawv muaj. Yog hais tias koj los yog koj tus khub sau npe rau qhov no seminar tab sis tuaj tsis tau, thov hu rau tus UWRA chaw ua hauj lwm.

Txuag lub hnuv: Tej zaum 12

los ntawm Ruthi Duval, rooj zaum, Luncheon Committee

Lub Luncheon Committee yog zoo siab heev caw koj tuaj koom nrog peb rau lub 2020 UWRA txhua xyoo ua tswv cuab lub rooj sib tham rau hnuv Tuesday, May 12. Peb ua ib yam dab tsi txawv lub xyoo no!

Raws li University of Wisconsin retirees thiab cov phooj ywg, cov Luncheon Committee xav tias nws yog lub sijhawm yuav qhov kev tshwm sim hauv tsev, rov qab mus rau lub tsev kawm ntawv rau tus tshiab kho Memorial Union. **Peb hais lus yuav tsum Mark Guthier, Associate Vice Chancellor** thiab cov thawj koj ntawm lub xeev Wisconsin lub Union. Lub yav tav su yuav pib nrog rau npe thaum tav su ua raws li los ntawm kev noj su, hais lus, thiab txhua xyoo ua lag ua luam lub rooj sib tham. Yuav kom ib puag ncig tawm tus so ntawm lub yav tav su, cov mej zeej ces xaiv ib tug ntawm ob tug koj tours: yog ib ncig ntawm qub tub ntxhais kawm Park los yog ib tug qab-lub-scenes ncig ntawm Memorial Union. Tom qab lub tours, peb caw koj tuaj nrog koj cov phooj ywg thiab npoj yaig thaum enjoying ib tug dej haus los yog ice cream rau lub Terrace.

Peb muaj peev xwm twb hnov koj lo lus nug: "Yuav ua li cas hais txog cov chaw nres tsheb? Nws yog ib lub sib tw! "Peb zoo siab yuav qhia tawm uas UWRA yog yuav tsum vov lub ib nrab-hnuv chaw nres tsheb nqi nyob rau hauv lub Helen C. Dawb (HCW) chaw nres tsheb. Txawm li cas los, cov mej zeej yuav tsum tau kos npe rau-up rau chaw nres tsheb mus tam ib qhov chaw npe rau cov kev tshwm sim. Thov ceeb toom tias vim rau qhov no chaw nres tsheb kho, emeriti chaw nres tsheb dhau mus yuav tsis pub nyob rau hauv HCW-Lot 6. Koj emeriti chaw nres tsheb pass yuav ua hauj lwm nyob rau hauv lwm yam pom zoo ntau ntau raws li muaj. Lwm yam chaw nres tsheb tsis pub dhau mus taug kev deb yog muaj nyob rau ntawm koj cov nyiaj them ntawm lub nroog ntawm Madison - Lake Street Ramp, UW Lot 7 (Grainger tsheb) los yog UW Lot 46 (pas dej thiab Johnson Ramp).

Peb tau npaj ib tug sijhawm uas tseem tav su. Saib kom paub ntau ntxiv thiab sau npe rau hauv lub website thiab nyob rau hauv ib tug tom ntej qhov teeb meem ntawm **Lub Sifter**. Peb cia siab tias koj yuav tuaj koom nrog peb rov qab rau tsev kawm ntawv!

Hov koj hauv internet duab

los ntawm Kathy Christoph, Co-lub rooj zaum, hauv Technology Committee

Nyob rau hauv lub Cuaj Hli Ntuj, UWRA neeg Orv Jordahl tswvcuab ntau cov tswv cuab mus rau lub Google cov duab daim ntawv thov. Yog hais tias koj mus kawm thiab xav muab cov kauj ruam tom ntej, los yog koj tau kawm ib tug me ntsis txog Google cov duab rau koj tus kheej thiab muaj lus nug, thov tuaj koom qhov kev Tech Clinic. Nqa koj lub laptop, ntsiav tshuaj, los yog xov toj thiab kev yuav ua li cas los tswj koj cov duab nrog Google cov duab.

**Tech Clinic: Google cov duab II Thursday, Lub
ob hlis ntuj 27, 2:30 - 4:00 pm**

Oakwood Zos University Zoov

Nakoma / Westmorland Room 6205

Mineral Point Txoj kev

Sau npe sijhawm: Thursday, Lub ob hlis ntuj 20

Thov xa lus nug ua ntej ntawm lub sij hawm mus uwra.tech@gmail.com los pab peb npaj. Tech tsev kho mob zaug yog tsis sau tseg.

Chaw nres tshab

Sau Oakwood ntawm lub tshab lub teeb nyob rau Island Drive thiab Mineral Point Road. Siv lub sab laug diav rawg thiab ces tus thib ob tshab rau hauv txoj cai rau nkag mus rau qhua underground chaw nres tshab. Thawb lub khawm pab. Nres nyob rau hauv tej qhua los yog tsis reserved Tub Ntsuag. Noj elevator rau pem teb ua ntej chaw tos txais qhov twg tshwm sim los yog ib tug txais tos qhua yuav pab tau koj. Thaum koj tawm hauv lub underground chaw nres tshab, lub nkas-las rooj yuav qhib tau. Tej zaum koj kuj nres nyob rau hauv ib tug saum npoo qhua chaw (cim tej qhov chaw raws tsav thiab mus txog lub roob mus rau lub loj heev).

Nyob rau ko taw, nkag mus rau Cuab yeej cuab tam, 6205 Ntxhia Point Road, nyob rau hauv nws lub ntsiab nkag (peb driveway nyob rau txoj cai, nyob rau ntawm lub tshab kos npe rau). Yuav kom txuas mus rau lub Oakwood tsev kawm ntawv daim ntawv qhia, siv [//tinyurl.com/y6zaugvm](http://tinyurl.com/y6zaugvm). Lub Westmorland Room yog ncaj qha tom qab lub rooj txais tos nyob rau Cuab yeej cuab tam lub ntsiab nkag.

Yog hais tias noj cov tshab npav, Madison Metro Bus tseem khiav 14 thiab 67 nres rau ntawm Mineral Point Txoj kev nyob rau hauv pem hauv ntej ntawm Oakwood, Yog hais tias koj mus txawv tebchaws easterly, los yog thoob plaws Mineral Point Txoj kev los ntawm Oakwood, Yog hais tias koj mus txawv tebchaws westerly.

sau npe

Ua Ntej sau npe yuav tsum tau. Mus saib uwramadison.org / kev tshwm sim-3679567 mus sau npe online. Yog hais tias koj tsis tau sau npe, peb yuav tsis lav hais tias muaj yuav ua tau txaws ntawv muaj. Yog hais tias koj los yog koj tus khub sau npe rau no kev sib ntsib, tiam sis yuav tsis tuaj koom, thov hu rau tus UWRA chaw ua hauj lwm.

Ntsib neeg Dennis Ray

Debra Lauder, Kem Coordinator

Tus txij nkawm / tseem ceeb lwm yam: Mary Barnard Ray

Ua ntej so hauj lwm, Kuv yog tus Deputy Director ntawm ib tug 13-lub tsev kawm ntawv, multi-qhuab qhia kev tshawb fawb Consortium focusing rau hluav taws xob fais tshuab.

Kuv nyiam ib feem ntawm kev ua hauj lwm yog pab hluav taws xob hwj chim engineering me nyuam kawm ntawv thoob plaws hauv lub 13 universities thaum tseem muab cov hauj lwm pab rau cov menyuum kawm ntawv nyob rau hauv tib lub teb nyob rau lwm lub tebchaws.

Tshaj plaws uas kuv tau ua tom qab kuv so yog kuv mus ua si rau lub YMCA, ntxiv rau kev tsoom xam ib daim ntawv ntsuam xyuas ntawm 130 fais fais fab kev pab cuam nyob rau hauv lub US thiab Canada rau kuv kev koom haum, thiab ua hauj lwm nyob rau hauv txoj kev ua rau Dane Sanctuary Coalition ntawm lub zos lub koom txoos txhawb cov neeg txawv teb chaws zej zog.

Tam sim no kuv siv kuv lub sij hawm pab nrog cov Coalition thiab kuv lub koom txoos, mus tsham chaw, qoj, ua si dej ntaus pob, thiab ua hauj lwm nyob rau ntawd daim ntawv teev ntawm tej yaam num nyob ib ncig ntawm peb lub tsev hais tias kuv hais tias kuv yuav tau mus muaj ib hnuab twg.

Kuv nyiam UWRA kev ua si yog noj tshais nrog UWRA neeg.

Kuv kawg nyiam ib feem ntawm cov nyiaj laus yog soj ntsuam nrog ib ce thiab hauj sim.

Kuv tseem tsis tau muab pov tseg kuv undergraduate engineering chaw kawm ntawv sau ntawv, tab sis kuv xav tias kuv yuav luag npaj txhij kom tshem tau ntawm lawv.

Ib yam dab tsi uas yuav ua surprise rau koj hais txog kuv yog Kuv hu nkauj nyob rau hauv ib tug hu nkauj ua ke.

Yuav ua li cas kuv twb tau nyeem lately yog lub keeb kwm ntawm Is Nrias teb rau ib qho chaw twg muaj ntau tshaj qhov 2019 lub caij Christmas (nws yog ib tug kuj zoo kawg, tab sis kuv siab mos, txawv tebchaws).



Tshwj xeeb cov neeg?

los ntawm Millard Susman, tug, Nyiaj so Txoj kev sib tw thiab tej cib fim los

Koj puas tau xav hais tias koj yuav nrhiav tau txhua xeeb neeg dab uas yuav mus kev nrog koj, caum butterflies, qhia noxious nroj, ua si sheephead, mloog opera, xyaum sleight ntawm txhais tes, cov qauv cheeb tсам npias tuav, los yog sib tham txog cov phau ntawv nyob rau hauv lub Civil War? Cov Nyiaj Txoj kev sib tw thiab tej cib fim los Committee hnov los ntawm UWRA hais tias lawv xav tau kev pab nyob rau hauv txoj kev ua tshwj xeeb kev txaus siab pab pawg, thiab cov pawg neeg xav tau kev pab-tab sis muaj ntau yam thiaj li txaus siab tawm muaj thiab thiaj li ob peb cov tswv cuab rau peb pawg neeg! Yog li ntawd, peb tau sim xav seb txoj kev nyob rau hauv uas UWRA yuav pab tau cov neeg uas muaj qhia kev txaus siab mus nrhiav ib leeg tsis muaj tsim muaj ib qho kev nyuaj siab loj administrative tsim txom.

Ntawm no yog ib lub tswv yim: koj UWRA neeg profile rau lub koom haum lub website muab ib qhov chaw nyob rau hauv uas koj yuav sau "kev txaus siab-free daim ntawv". Txawm hais tias cov ntau ntawv no kho raws li pub leej twg paub, nws yog searchable los ntawm cov Executive Director thiab System Cov Thawj Coj, uas yuav muab ib tug qhia ntawm cov tswv cuab nrog ntau kev txaus siab, xws li teb, phau ntawv qws, lub cev muaj zog, los yog noog saib. Koj puas muaj ib tug tshwj xeeb kev txaus siab? Koj puas yuav xav nyob rau hauv kev nrhiav lwm yam UWRA neeg uas yuav koom nrog koj? Muaj koj ntxiv koj txaus siab rau qhov no free-daim ntawv profile yam khoom? Qhia rau peb paub seb koj xav li. Koj muaj peev xwm xa koj xav nyob rau hauv ib tug email nyob rau msusman@wisc.edu nrog "UWRA Profile" nyob rau hauv cov kev kawm kab.

Nthab Angel kev pab cuam

Lub nthab Angel kawm ntawv ntxiv cov kev pab cuam yog qhib rau cov pej xeeb thiab yog muaj nyob rau txhua txhua hnuv Monday sawv ntxov nyob rau nthab Angel qhov chaw, 8301 Laus Sauk Road, Middleton. Kas fes yog tau txais kev pab thaum 10:00 teev sawv thiab qhov kev pab cuam pib thaum 10:30 am Yog tsis muaj nqi, thiab tsis muaj reservation yog yuav tsum tau.

Monday, Lub ob hlis ntuj 3, "Leej twg yog cov founders? Thiab peb yuav tsum mloog lawv?" John P. Kaminski, Director, Center rau txoj kev tshawb ntawm cov American Constitution.

Monday, Lub ob hlis ntuj 10, "Madison Community Foundation," Bob Sorge, Thawj Tswj Hwm, Madison Community Foundation.

Monday, Lub ob hlis ntuj 17, "repurposing pov tseg cov zaub mov," Dave Heide, Founder / Executive Director, Me ntsis John tus - ib tug 501 (c) (3) non-profit cov koom haum nrhiav tau nyob rau hauv 2018.

Monday, Lub ob hlis ntuj 24, "Tej tshuaj: ib qho paradigm rau lub nais khu kab mob ntawm lub xyoo pua 21st," Robert Luby MD, Executive Director ntawm Medical Kev kawm ntawv rau lub koom haum rau Kev tshuaj.

Los ntawm tau txais NWS Ua li cas (GITD) rau Tech

Clinic

Lub Hauv Technology Committee sib zog coj cov kev pab cuam ntawm kev txaus siab rau UWRA neeg. Ib txhia yog presentations hais txog tej yam ntawm lub tuam txaus siab. Lwm tus yog kev thiab chaw nyob ntau kev yam. Xyoo tas los no, peb experimented nrog muab kev zaug nrog ob txhais tes-on kev los daws teeb meem los yog teb tsum cov lus nug. Raws li qhov zoo txais tos, peb tau txiav txim siab mus ntxiv no hom ntawv thiab rename cov zaug "Tech Clinics." Thov nyob tuned rau yavtom ntej zaug.

Los ntawm cov Executive Director lub rooj

los ntawm Sandi Haase, Executive Director

Koj pom tias-peb mloog. Thaum lub suggestion ntawm ib co mej zeej, peb muaj ntxiv ib tug tshiab feature rau *Lub Sifter*. Lub feature yuav sau cov khoom tshiab tawm los yog koos ua nyob rau hauv website. Nco ntsoov mus saib lub hlis no qhia.

Raws li koj paub, peb yog heev muaj hmoo tau ib tug volunteer videographer, Frank Boll nyob rau hauv peb cov tswv cuab. Frank tapes ntau ntawm peb cov kev pab cuam offerings. Kuv feem ntau tau txais nug txog seb ib tug seminar yuav yuav raug thaj duab. Tej zaum kuj muaj xeeb feeb cancellations thiab cov mej zeej ua tsaug uas qhov kev pab cuam yog thaj duab kom lawv thiaj ntes cov rerun rau hauv website. Yuav kom pab peb cov txawj nyeem ntawv, thiab rov qab tswv yim ntawm ib co mej zeej, peb yuav pib muaj xws li ib daim ntawv qhia nyob rau hauv qhov kev pab cuam tshaj tawm yog hais tias tus seminar yuav los yuav tsis yuav raug thaj duab.

Koj puas muaj ib tug suggestion? Puas muaj ib yam dab tsi peb yuav tau ua zoo? Peb yeej txaus siab rau koj lub tswv yim - zoo thiab phem. Thov qhia koj li kev xav. Tee kuv tus email los yog muab rau kuv ib tug hu thiab peb yuav sib tham txog koj cov tswv yim. Qhov no yog koj lub koom haum

- koj network nyob rau hauv cov nyiaj laus!

Hli nco

East Side breakfasts

Wednesday, Lub ob hlis ntuj 12; Tuesday, Lub peb hlis ntuj 10; thiab Wednesday, April 15; thaum 8:30 am ntawm Elie tus Café, 909 East Broadway, Monona.

West Side breakfasts

Thursday, Lub ob hlis ntuj 6; Tuesday, Lub peb hlis ntuj 3; thiab hnuv Monday, lub Plaub Hlis 6; thaum 8:30 am ntawm Sofra, 7457 Elmwood Avenue, Middleton.

Reservations yog tsis xav tau, thiab koj yog zoo siab txais tos rau koom yog los yog ob qho tib si breakfasts peb txog qhov twg koj nyob.

Lub US kev khwv nyiaj txiag yog haum noj qab nyob

zoo: kev soj ntsuam ntawm peb txhua xyoo check-up

los ntawm Millard Susman, tug, Committee on nyiaj txiag Matters nyob rau hauv Retirement

Thaum lub UWRA kev nthuav qhia rau Hlis ntuj nqeg 17, CUNA kev sib nrig sib Chief nyiaj txiag Steve Rick zoo lub US kev khwv nyiaj txiag rau ib tug nyob tshaj plaws. Cia li raws li tib neeg noj qab haus huv yuav raug txiav txim los ntawm kev ntsuas ntawm lub cev kub, ntshav siab, theem zoo cov roj, thiab xws li, cov kev kho mob ntawm kev khwv nyiaj txiag yuav tsum raug txiav txim los ntawm kev khij ib ob peb tseem ceeb xov tooj. Ib qho zoo tagnrho txhua xyoo nce nqi npaum li cas rau peb cov kev khwv nyiaj txiag yog 2%; peb yog tam sim no nyob rau ntawm lub 1.8%. Ib qho zoo tagnrho nyiaj poob hauj lwm tus nqi yog 5%; peb yog cov nyob rau 3.5%. Tsoom Fwv Teb Chaws Nyiaj Paj Rate yuav tsum 2.3%; nws yog 1.6%. Kaum-xyoo Txhab nyiaj Bonds yuav tsum tau them 4%; lawv them 1.8%. Thiab peb Economic zis Rate yog tam sim no 2% saum toj no nws zoo tagnrho theem, uas txhais tau tias productivity yog khiav ib tug me ntsis siab dhau heev lawm, uas yog keeb kwm ib tug phem npog. Tshuag qhov tseem ceeb yog tsis zoo heev inflated. Av cov nqi tsis tiag ntev li ntawm. Nyob rau hauv lub qhov muag ntawm Steve,

Steve yog expecting US economic kev loj hlob mus qeeb me ntsis nyob rau hauv 2020 thiab ces kom sawv rov qab mus rau nws tam sim no theem tshaj lub sij hawm ntawm 2021-2023. Qhov no poob yuav ntau tshaj ib tug pothole tshaj ib tug chasm. Yog hais tias koj tab tom nrhiav rau tej yam uas yuav worry txog thaum koj dag tsaug zog thaum 3:00 am, Steve muab peb ib daim ntawv teev kaum khoom muaj nqis koj. Cov no muaj xws economic tsis sib npaug, luam kev tsis sib haum, ib tug trillion dollar-ib-xyoo nyiaj txiag tshaj, thiab av npuas nyob rau hauv teb chaws Australia thiab Canada.

Cov ntaub ntawv tsis cia li ntwis los ntawm Steve Rick; nws Dentistry. Yog li ntawd tej zaum koj yuav xav tau ib tug saib lub video ntaubntawv ntawm nws kev qhuab qhia, uas yog muaj nyob rau ntawm lub UWRA website nyob rau hauv Resources. Steve tus nquag thiab xav zoo qhuab qhia style tau ua rau nws ib tug ntawm cov feem ntau nrov ntawm peb recurrent hais lus rau cov nyiaj txiag teeb meem. Yog hais tias koj saib nws kev qhuab qhia, koj yuav tuaj mus nrog ib tug zoo dua kev nkag siab ntawm lub ntau rog thiab complex kev sib tshuam uas cuam tshuam rau US kev khwv nyiaj txiag thiab lub ntiaj teb no economic puag ncig nyob rau hauv uas nws ua hauj lwm.

Koj puas paub?

Puas xav txog lub keeb kwm ntawm UWRA? Thaum twg yog UWRA tsim? Leej twg yog lub luag hauj lwm? Yuav ua li cas puas tau nws los ua? Leej twg yog cov founding niam thiab txiv (charter neeg)? Puas muaj charter neeg tseem neeg? Koj puas paub tias leej twg yog tus thawj Executive Director? Cov lus teb rau cov lus nug tam sim no yuav muaj nyob rau hauv website nyob rau hauv "Hais txog" rau lub cuab tam bar. Rau leejtwg kev ruaj ntseg cov hom phiaj, cov npe ntawm cov charter neeg nyob rau hauv ib tug ruaj ntseg tus neeg nkaus xwb cheeb tsam thiab yuav yuav tsum tau logging mus rau lub website nrog koj lo lus zais nyob rau hauv thiaj li yuav saib.

Lub xeem lo lus: tsheb

los ntawm Mary Barnard Ray, Editor

Kuv tsis yog ib tug novice txog tsheb. Kuv yuav tsav nyob rau hauv Chicago thiab St. Louis, caij cabs tsis flinching nyob rau hauv Paris thiab Santiago, tus ntoo khaub lig txoj kev mus ko taw nyob rau hauv Beijing thiab Sydney, thiab tsav los ntawm ib tug nyuj qus pab tsiaj nyob rau hauv North Dakota (maj mam, maj mam heev). Tab sis Is Nrias teb yog nyob rau hauv lwm cov pab koomtes. Nws txhab kuv khiav ntawm dab tsi yog ua tau. Directional Pib ntsais koj teeb, zoo li koj appendix, yog yeej tsis siv. Txoj kev tshwm sim no yog rau cov wimps. Lane kab yog, nyob zoo, mere cov tswv yim. Lub faib kab ntawm cov tsheb ntwis nyob rau hauv opposite qhia tau txais me ntsis ntxiv saib xyuas, tiam sis tsis ntau. Tshuab raj yog siv nrog zaus thiab subtlety, lawv cov suab xws li los ntawm cov tuk-tuk lub luv lub lub tswb nrov mus rau lub nroog lub tsheb npav tus trill, uas suab zoo li ib tug cornet ua si reveille nyob rau hauv dej.

Txoj cai-of-txoj kev cai yog zoo ib yam, seb puas nyob rau ib lub nroog ntawm kaum lab los yog ib lub zos. Nyuj muaj txoj cai ntawm txoj kev, txawm yog hais tias lawv tsis txhob mus Munch nyob rau hauv theem nrab ntawm ib tug tibneeg hu tauj coob tshuam, thiab lawv paub qhov no. Dev, qaib, thiab npua kuj muaj txoj cai ntawm txoj kev, tab sis lawv tau honked ntawm yog hais tias lawv tsis tsiv mus nyob raws. Cov neeg taug kev yuav tsum tau ib ce muaj zog ntau dua ceev faj tshaj cov tsiaj thiab thiaj li yuav muab tsawg leeway. Loj tsheb yuav muaj txoj cai ntawm txoj kev me me thiab sawv daws yuav, tab sis assertiveness thiab cov neeg txawj lub sij hawm poob nrog lub horn yuav offset no. Motorcycles thiab scooters tau, thiab ua li cas, haum nyob rau hauv tej me me rau tej qhov chaw ntawm los yog ntawm ib sab tsheb.

Ib txhia sib txawm kev cai thov rau hauv ntug zos rau tej thaj chaw thiab nyob rau hauv lub cheeb tsam ntawm roadside zaub mov chaw. Koj yuav tsum khiav qeeb thaum dua roadside chaw. Qhov no yog tsis ib qho nyuaj mus ua vim hais tias muaj yuav feem ntau yog hais txog ib tug ib nrab teb "tsaug zog policemen" (aka tsheb pob) nyob rau hauv cov chaw no, tag nrho cov neeg coob ua ke zoo li corduroy. Kuv tsis paub uas tuaj thawj-tsaug zog policemen los yog cov khoom noj khoom haus es. Thaum dhau los ntawm piav teb thaum lub sij hawm sau, koj yuav tsum tsav ua tib zoo los ntawm cov noob hau kis nyob rau hauv ntiaj pawg thooob plaws hauv txoj kev, vim hais tias koj yuav pab tau cov tswv teb cais cov grain los ntawm cov npluag. Ntawm cov hoob kawm, koj yuav tsum xeem dhau nyob rau lwm yam sab ntawm txoj kev thaum tus neeg ua teb yog nyob rau hauv txoj kab rearranging lub grain los yog ntxiv rau cov pawg.

Qhov no yuav tsum tau ua nrog rau cov UWRA? Thaum koj pom cov kev pab cuam los koj txoj kev nyob rau hauv 2020, tej zaum koj yuav xav tias ib tug me ntsis zoo li kuv puas tau nyob rau hauv Is Nrias teb tus tsheb. Yuav muaj ntau yam thiaj li zoo mus ua si rau noj, xws li ib tug banquet yam tshawb, thiab ntau npaum li ntawd tshiaib rau kawm! Koj yuav tau ua tej yam kev npaj kom tau rau tag nrho cov extraordinary lub sij hawm uas koj xav tau kom muaj xws li nyob rau hauv koj lub neej. Cia li ua tej kev phem li, daim ntawv qhia tawm koj txoj kev, thiab tau npaj txhij mus tshawb!

University League cai nplooj ntoos hlaw luncheon: Cov me nyuam ntawm raug kaw niam txiv

Lub University League caw koj mus koom ib tug nthuav qhia los ntawm cov xibfwb Pajarita Charles ntawm lub UW tsev kawm ntawv ntawm kev ua hauj lwm. Nws thawj txaus siab yog nyob rau hauv tiv thaiv kev pab kev tshawb fawb uas txhawb tau qhov zoo cov me nyuam yaus thiab tsev neeg cuam tshuam los ntawm lub txim txhaum kev ncaj ncees system. Tuaj koom nrog peb rau hnuv Thursday, Lub peb hlis ntuj 19, nyob rau ntawm lub Nakoma Golf Club. Social lub sij hawm pib thaum 11:00 am, raws li los ntawm noj su ntawm 11:30 thiab qhov kev nthuav qhia afterwards. Tsis-cov neeg txais tos. Reservation sijhawm: Lub peb hlis ntuj 11. Tsis nyiaj tom qab hnuv no. Yog xav paub ntiv thiab mus [download tau tsab ntawv rau npe, thov mus saib: univleague.wisc.edu/programs](https://univleague.wisc.edu/programs).

Henry Vilas Zoo nrhiav tuaj pab dawb

Lub Henry Vilas Zoo yog nrhiav siab cov neeg zej zog mus pab dawb thaum lub sij hawm 2020 lub caij (Lub peb hlis ntuj los ntawm Lub kaum hli ntuj). Qhov no yog ib lub sijhawm zoo rau cov neeg nrhiav kom tau sab nraum, nyob muab kev koom tes, thiab cia li muaj kev lom zem!

Ua haujlwm pab dawb yuav tsum tau rau cov nram qab no txoj haujlwm: Tshab ciav hlaw & Carousel, tshis Yard *, Vaj *, Discovery Docents *, rooj vag Greeters *, kev txuag hnuv thiab kev tshwm sim crews *, thiab Tsiag Enrichment tej yaam num *.

Yam tsawg kawg nkaus kev cog lus yog ob hloov ib lub hlis (nyob ib ncig ntawm 4 mus rau 6 xuab moos tauj ib lub hlis nyob rau lub luag hauj lwm xaiv). Teem yog saj zawg zog. Tag nrho cov kev kawm yog muab. Ua haujlwm pab dawb txaus siab rau incentives, xws li: nyiaj cheb nyob rau hauv peb Glacier Grille thiab lub txiaj ntsim khw, pab dawb-tsuas noj su thiab kawm, zoo ntawv xov xwm, thiab ua haujlwm pab dawb txaus siab hmo ntuj.

Yuav pib nrog ib tug info kev sib kho, los yog muaj lus nug, hu rau peb Volunteer Coordinator ntawm volunteer@henryvilaszoo.gov los yog nyob rau 283-1612. Peb saib rau pem hauv ntej rau lub rooj sib hais los ntawm koj!

* Cov Tsam Thawj kuj muaj nyob rau 10-13-xyoo-muaj peev xwm ua hauj lwm pub dawb nrog ib tug pog los yog yawg / niam txiv / tus neeg saib xyuas.



University Roundtable luncheons

Lub University Roundtable yuav gearing txog sai sai kom muaj ib tug featured txhua hli luncheon hais lus los ntawm lub UW- Madison lub zej zog. Tag nrho cov kev pab cuam yuav tsum muaj nyob rau hauv Tripp Commons ntawm Memorial Union. Txhua luncheon pib thaum 11:45 am thiab xaus los ntawm 1:00 pm Tus nqi them rau txhua plus su yog \$ 12. Kev qhia ntiv muaj nyob rau ntawm [//acstaff.wisc.edu/roundtables](https://acstaff.wisc.edu/roundtables). Ntawm no yog lub semester lub sij hawm.

Wednesday, Lub ob hlis ntuj 12, "Housing, noj qab haus huv, thiab tsev neeg zoo-ua: pov thawj, txoj cai txoj kev pib, thiab tshiab qhia" los ntawm Dr. Marah Curtis, Vilas txawv Achievement xibfwb, tsev kawm ntawv ntawm kev ua hauj lwm. Sau npe sijhawm: Lub ob hlis ntuj 4. npe link: [//go.wisc.edu/us7189](https://go.wisc.edu/us7189).

Wednesday, March 11, "Tus arboretum: ib tug nyob sau ntawm yog dab tsi Wisconsin yog, nws yog dab tsi, thiab ua li cas nws xav kom los ua" los ntawm Karen Oberhauser, Arboretum Director. Sau npe sijhawm: Lub peb hlis ntuj 3. Npe link: [//go.wisc.edu/de4os9](https://go.wisc.edu/de4os9).

Wednesday, Plaub Hlis Ntuj 8, "Lub neej nyob rau hauv lub hom phiaj" los ntawm Dr. Shilagh Mirgain, txawv Psychologist nyob rau hauv lub Department of Orthopedics thiab Rehabilitation. Sau npe sijhawm: Lub peb hlis ntuj 31. npe link: [//go.wisc.edu/o6khu1](https://go.wisc.edu/o6khu1).

Nrhiav kev pab rau senior / ywj siab nyob

los ntawm Faisal Kaud thiab Sandi Haase, cov tswv cuab, Committee on nyiaj txiaj Matters nyob rau hauv Retirement

Ib tug tsis ntev los no kev pab cuam tsa ib co lus nug txog senior nyob zej zog, ywj siab nyob kev pab, thiab cov UWRA presentations nyob rau pab-ntawm-kev saib xyuas cov zej zog. Tus thawj UWRA kev nthuav qhia yog lub peb hlis ntuj 2017. Qhov no them lub zej zog uas muab cov plaub theem kev pab kho mob: ywj siab, pab, txawj, thiab kev nco. Qhov thib ob kev nthuav qhia yog lub ib hlis ntuj 2018 thiab them cov neeg zej zog uas muab peb ntawm cov plaub theem. Mus rau lub UWRA website (Resources / nthuav) rau saib ntawv thiab video recordings.

Lwm yam kev pab muaj nyob rau ntawm lub Aging and Disability Resource Center (ADRC), uas muab cov lus qhia txog cov kev pab thiab kev txhawb nqa rau tag nrho cov yam ntawm lub neej txog rau cov laus thiab nyob nrog ib tug neeg xiam oob qhab. Lwm qhov chaw ntawm cov ntaub ntawv yog cov ntawv, *Cov lus ntawm Aging*, uas yog ib daim ntawv qhia rau cov neeg zov menyuam thiab laus neeg laus nyob rau hauv sab qab teb central Wisconsin. Luam tawm txhua xyoo, nws muaj, pub dawb, nyob rau hauv khw chaw zov me nyuam thiab lwm yam ua lag ua luam chaw. Lub web kuj yog ib tug qhov chaw ntawm cov ntaub ntawv rau senior thiab ywj siab nyob.

lub Sifter

<https://UWRAMadison.org> UW-Madison

Retirement Association c / o Division of Ntxiv cov

kev tshawb fawb 21 North Park Street, Room

7205 Madison, WI 53715-1218

Non-Profit Org.

US nqi xa ntawv nyiaj

Madison, Wisconsin

tsum No. 658

Tsiv los Tsiv?

lub Sifter yuav tsis raug xa

mus los ntawm lub Postal

Service. Thov siv email, qwj

mail, los yog peb lub website

mus muab koj qhov chaw

nyob tshiab yog li ntawd koj

yuav tau txais *lub Sifter* rau ib

tug tsis tu ncu.

UW-Madison Retirement Association daim ntawv qhia hnuv hnuv

Thursday, Lub ob hlis ntuj 6	8:30 am	West Side pluag tshais noj Sofra
Tuesday, Lub ob hlis ntuj 11	10:00 am	Cov tsiaj qus Rehabilitation
Wednesday, Lub ob hlis ntuj 12	8:30 am	East Side pluag tshais noj Elie tus Café
Wednesday, Lub ob hlis ntuj 19	10:00 am	Nyiaj txiag kev ruaj ntseg thiab nyab zeeb nyob rau hauv nyiaj so hauj lwm
Thursday, Lub ob hlis ntuj 27	2:30 pm	Tech Clinic: Google yees duab II
Tuesday, Lub peb hlis ntuj 3	8:30 am	West Side pluag tshais noj Sofra
Wednesday, March 4	10:00 am	Suab ntawm cov xwm apps
Tuesday, Lub peb hlis ntuj 10	8:30 am	East Side pluag tshais noj Elie tus Café
Tuesday, Lub peb hlis ntuj 17	10:00 am	Yog leejtwg tub sab tub nyiaj: protect thiab tiv thaiv

Rau cov lus qhia nyob rau hauv yavtom ntej Plato mus ncig ua si, mus saib platomadison.org/page-18561. Rau cov lus qhia nyob rau hauv Board thiab

Committee lub rooj sib tham thiab hnuv kawg rau *lub Sifter*, saib lub UWRA website ntawm UWRAMadison.org.